



# LIFE PULSE : Bringing Intentionality Back To Life



## A New Way Of Thinking

Offering Sustainable Solutions To Increase Performance Regardless Of The Circumstance

## What Is Life Pulse?

### About The Challenge We Overcome

The **Great Resignation** has triggered a massive epidemic that is sweeping across all industries. Traditional strategies **do not work** in this "New Way of Operating" and **this new approach is needed.**

Through a combination of **structure & intention.** Life Pulse helps clients like you - rise to the challenge, **retain** your people, and sustainably **increase performance** regardless of circumstance.

Your battle during this "New Way of Operating" is **internal.** Your personnel will be the cause of you to effectively **thrive**, barely **survive**, or massively **fail.**

The way your team will think about receiving offers, being poached, and resignation is **determined by what you do now.**

**Burnout is eminent** without connecting corporate desired goals & individuals desired lifestyles.

Your competitors will experience similar external issues. It is clear - **those who will rise up,** are the ones with both internal ***structure & intention*** that empowers their team through growth & change. **Let our team help your team with this & more!**

### About The Founder & Lead Trainer

**Matt Granados** - an Entrepreneur, #1 International Bestselling Author, and World Renowned Speaker/Trainer. Matt grew his first business into a multi-million organization in his early 20's. Since then Matt has continued to grow many organizations, across any industry and of any size, use a simple approach to ensure employees maximize their output no matter the circumstances. The key to this success was connecting intention of individuals with a structure that was simple to implement.



## Top Client Success Stories



**Be known as many of our clients have...  
A Best Place to Work with the Best People!**

# Bridging The Gap

CONNECTING CORPORATE DESIRED  
METRICS WITH INDIVIDUALS  
DESIRED LIFESTYLE

A 90-day engagement combining the following three programs to **train your employees and coach your managers**. Because of this 90 day engagement, your team experiences benefits of **implementation immediately** while taking up VERY little of their time, energy, and attention. This leads to **long term sustainability** & a direct **ROI quarter after quarter**, long after we have helped bridge this gap that is stopping employees from reaching their **maximum potential**.

## UNBREAKABLE Workshops

SYSTEMATIC WORKSHOPS TO **INCREASE BANDWIDTH** WHILE **MINIMIZING BURNOUT**

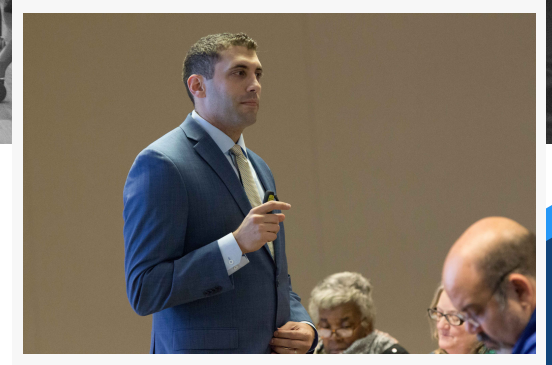
Each month - for 3 months - we train your staff on a **structure** they can use in all areas of their life to be able to **do more and stress less**. This is done through **building** a strong **FOUNDATION**, then helping them **discover** the **POWER** they have to ensure goals are achieved, and finalized with the **GLUE** needed to see **the work they do for your company is directly helps them to live the life they want**.



## 90 Day GOAL RUSH

INDIVIDUAL COACHING TO **ENSURE ACHIEVEMENT** OF NECESSARY GOALS

We will coach managers through professional and personal goals using the same **proven approach** for **re-engaging intention** each day directed towards each goal. When individuals experience this **effectiveness** in both their personal and professional life, they can not help but **use this approach even after the 90 Days Goal Rush is completed**.



## MOTIVATION MANAGEMENT

CUSTOMIZED PROGRAMING TO DEVELOP **SUSTAINABLE MOTIVATION** IN EACH TEAM

With motivation being a state of mind - *not a character trait* - we create a program that will give your managers a **sustainable structure** to **properly motivate** their team. Once implemented, this new approach will not only **help the team hit their goals quicker**, but also will **save time, energy, and money** wasted previously in an attempt to incentivize your teams.

*"The system {Bridging The Gap} is easy to use & allows all people to positively impact their life as well as the lives of those around them. Efficiencies will be gained quickly, I would recommend LP's programs to anyone"*

*"Once we started implementing the Motivation Management Program, I am not only out performing myself, but I can see myself staying with this company forever"*





# Keynote Pathways

TAKING EACH AUDIENCE MEMBER ON THEIR JOURNEY TOWARDS PERSONAL IMPLEMENTATION

Because of our combination of traditional research and experiential teaching, the level of engagement stays constant whether in person or virtual.

Life Pulse's keynotes are designed for audiences of all sizes and can be done in 45, 60, or 90 minute segments.

## BUILD YOUR INTENTIONAL WEEK

The Foundation Needed to Increase Performance While Minimizing Stress.

### A New Way To Use Your Week As A Powerful Tool To Ensure Success

We all have intentions, but few know how to continually leverage their week to maximize their intention. This new way to see your week allows you to achieve the goals you desire. We all work hard, but without an intentional week our lives will drift in whatever way life wants to pull - not always the way you want. Through this keynote, attendees gain an extra 15 hours of productivity each week.



## BEST PEOPLE: BEST PLACE

### Beating The Great Resignation By Becoming A Best Place To Work

The Great Resignation has triggered a massive epidemic that is sweeping across all industries. Traditional strategies do not work in this "New Way of Operating." We share our techniques as well as what research has shown some of the BEST workplaces do to keep employees.

What you do now, determines your employees' decision later. **When the option arises, will your people choose you?** We show you how to make sure of it.



"His energy and passion for sharing his material with us were evident. Matt presents his program in simple, easy-to-follow terms "

## ENHANCE PERFORMANCE & ELIMINATE EXCUSES

### The Solution to Combine Structure and Intention to Ensure Your Desired Results

Imagine a day where your team **has no excuses to give** when it comes to performing at their highest level. During this Keynote, the audience will experience the **key technique** of using **structure to re-engage intention** and ensure they are **performing at the highest level** they possibly can.



"Matt is an excellent speaker -- he is engaging, genuine, and interesting. We enjoyed his topic, the lessons and the take-aways."

# LIFE PULSE : What Others Are Saying About Life Pulse

## The Proof Is In The Results

**Position:** Senior Account Manager

**Prior to Implementing LP Content:** Each quarter, this manager's team was producing around \$300K in revenue with 20% profit.

**After Implementing LP Content:** Without adding any more resources, just using LP content, this same team was able to grow to over \$600K the next quarter with 20%+ in profit. **(Over \$1M in Growth)**



**Position:** CEO

**Prior to Implementing LP Content:** New location was opening and CEO was concerned with managers performance on launch.

**After Implementing LP Content:** The CEO's goal for the year was able to be hit in less then 90 days once the Motivation Management program was implemented. **(Over 100 New Clients)**

## Top Proucts Used Worldwide



*"I like how the program goes beyond getting things done and focused on intention and structure. It is a simple and effective approach to life balance."*

*"We were looking for have an interactive event and Life Pulse di just that. People were asking for more at the end of the event and are excited to implement everything that was taught. This is exactly what we wanted.."*



*"This has been a great program that has allowed me to take my intention and really put it into action. I am really grateful that this program came at a time that I really needed it"*



*"Honestly, I am generally something of a skeptic when it comes to presentations and methods of this nature but not only was the information very thought provoking, I felt I was immediately able to apply the technique in my professional and personal life."*